

AIIMS Department of Surgical Disciplines *celebrates*

1st Global Lymphedema Day on 6th March 2016

Background: With over 20 million sufferers, India carries over 50% global workload of Filarial Lymphedema. Cancer, Trauma, Venous disease, Recurrent lymphangitis along with other problems roughly double the rate. Recent understanding of has made the management of Lymphedema easy, doable but necessarily long term. It is no longer a surgeon's problem alone, but to be managed by a team of therapists, community nurses, health workers, public health specialists, preferably lead by the clinician directly incharge of the patient.

Outcomes largely vary between good to excellent, no different from other chronic problems like Diabetes On the other hand poor long term results are more because of improper follow up and lack of continued self care at home. Knowledge of how to do home based care along with access to the proper support tools is the need of the hour.

The Organizers: AIIMS as the pioneer research Institute has been working on this problem since long. A specialized clinic in surgery department was restarted in 2011. It has showcased how home and community based care is possible and a welcome addition to surgical care with gratifying outcomes. We are currently researching on the long term protocols best suited for our patients

LE&RN (Lymphedema Education and Research Network) is a US based NGO which provides advocacy and research for Lymphoedema. Largely due to its efforts, a resolution is being passed in the USA Senate, that 6th March 2016 be celebrated as the first Global Lymphedema day.

SATHI (www.sathi.org) an NGO based in Delhi has been running community based Morbidity Control programs for filariasis and Lymphoedema.

The Invite: AIIMS Department of Surgical Disciplines, is happy to invite you for an academic feast on this occasion. This session shall engage senior Public Health officials along with clinicians, therapists, health workers, NGOs and patients themselves to bring about awareness that Lymphoedema is eminently treatable.

There shall be a telemedicine component where we will link patients and clinics directly from

- A. Pisawan and Mishrik Blocks, Sitapur District in UP
- B. Goa Medical College Department of Plastic Surgery

Even while AIIMS Surgical week is from 3rd to 6th March, this particular session is open to all

Date and Time: Sunday 6th March 2016 – 9:30 to 2:00 PM

Location: Lecture Theatre I, First Floor, Teaching Block AIIMS

Session before tea break – For clinicians

Between tea break and lunch – For Public Health Officials, Patients, NGOs and Media

Program

Clinical Session 9:30 to 11:10 AM

Moderators **Prof Anurag Srivastava** Prof and HOD, Department of Surgical Disciplines, AIIMS, **Prof Chintamani** Prof of Surgery SJ Hospital, **Prof Sneh Bhargava**, Former Director AIIMS, Patron SATHI

Time	Topic	Speaker	From
9:30-9:40	Introduction to the topic and the role of AIIMS	Prof Anurag Srivastava	HOD Surgery AIIMS
9:40 -9:55	Understanding the disease – Lymphatic Anatomy, Pathophysiology, management principles	S B Gogia	Surgeon and Lymphologist
9:55 -10:05	Lympho-scintiscanning	Rakesh Kumar	AIIMS Dept of Nuclear Medicine
10:05-10:15	Approach for resource poor areas	Satya Misra	Plastic Surgery MGM University Puducherry
10:15-10:30	Role of a Surgeon	Anita Dhar Bhan	AIIMS Surgery
10:30-10:40	Role of a Plastic Surgeon	Yuri Dias Amborcar	Plastic Surgery, Goa Medical College (GMC)
10:40-10:55	Conservative treatment and home based Care	Arun Rekha Gogia	Chairperson LE&RN India
10:55 -11:00	Therapists session	Ashima Naval	Physiotherapist
11:00– 11:10	Open House discussion on Clinical Care		
11:10- 11:30	Tea Break		

Session for public and patients 11:30 to 1:10 PM

Moderators **Dr S Dhariwal** Director National Vector Borne Disease Control Program (NVBDCP)
Prof M C Misra, Director AIIMS , Representative from **LE&RN**

11:30 -12:00	Filariasis – incidence and government programmes	P K Srivastava / Nupur Roy	NVBDCP
12:00 – 12:30	Patients perspective with demo of self care. with online transmission from GMC	Patients, care givers and residents	c/o Anita Dhar (AIIMS) Yuri Dias (GMC)
12:30 – 12:45	Community based care - Role of NGOs supplemented with direct transmission from Sitapur	Representative from Sangtin Samooh	Pisawan Block, Sitapur, UP
12:45 – 1:10	Open House discussion interspersed with recorded messages from across the globe	LE&RN representatives & Media	US and other places
1:10 onwards	Lunch		